

# ALCOHOL AND DRUG (AOD) PROGRAM HOW CAN THEY HELP ME?



## HOW DO I GET STARTED?

- Ask any BYS staff member to make a referral for you to the AOD team
- A BYS staff member might also check in with you, to see if you would like a referral to be made
- BYS staff will seek your consent before a referral is made



## HOW WILL THE TEAM WORK WITH ME?

- The AOD Team will help you to create a plan and work towards goals that are important for you
- We can meet you at a safe location that is suitable for you, or at the BYS Hub.
- You may choose to work with the AOD Team for a short time or a longer time, depending on what type of support you need
- This program is voluntary, meaning that you may choose to leave at any time. You are welcome to be referred back at any time if you would like support down the track



## WHAT CAN THE TEAM HELP ME WITH?

- |   |   |
|---|---|
| One-on-one direct support and case management.                  | Group Work  |
| Provide you with information and resources                      | Support you to create community linkages and increase social networks               |
| Talk to you about harm minimisation strategies and staying safe | Help you to access detox/ rehab services and provide support pre and post-treatment |
| Talk to you about relapse prevention strategies                 | Support with legal matters  |
| Free and safe access to the onsite needle and syringe program   | Referral to other services  |



WE WELCOME YOUR  
FEEDBACK!  
YOUR FEEDBACK IS  
CONFIDENTIAL

We want to hear from you  
and include your voice in  
what we do