

THE BYS ALCOHOL AND DRUG TEAM HOW CAN THEY HELP ME?



HOW DO I GET STARTED?

- Ask any BYS staff member to make a referral for you to the AOD team



HOW WILL THE TEAM WORK WITH ME?

- The AOD team can work with you on what is important to you
- You will be supported to create your own plan
- It's important to know that the service is voluntary. You can leave at any time, and you will be welcomed back if you need further support down the track

WHAT CAN THE TEAM DO FOR ME?

You can work with the AOD team in many ways including:

- ✓ One-on-one direct support and case management
- ✓ Support with legal issues
- ✓ Free and safe access to the on-site needle and syringe program
- ✓ Group Work
- ✓ Referral to other services
- ✓ Support to engage with other services



WHAT ELSE CAN THE TEAM HELP ME WITH?

- ✓ Provide you with information and resources
- ✓ Talk to you about Harm Minimisation Strategies / Staying Safe
- ✓ Help you set goals that are important to you
- ✓ Help you to access Detox/Rehab
- ✓ Relapse prevention

*Once you choose for your support to end with us, you are welcome to return later if you need



**WE WELCOME YOUR
FEEDBACK!
YOUR FEEDBACK IS
CONFIDENTIAL.**

Your feedback is important to us!
We want to hear from you and
include your voice in what we do.