

BURPEES FOR BYS

with Dave the Trainer

6 APRIL 2019

Burpees for BYS Guinness World Record Goal

On Saturday 6 April 2019, Brisbane Youth Service (BYS) will break the Guinness World Record for the most people performing burpees to raise awareness of youth homelessness in our community. We need 1,500 people to come along and the record will be ours!



Can we count on you?

Burpees for BYS is an annual BYS campaign, started by Dave the Trainer in 2017. Each year Dave has completed nearly 3,000 burpees by himself in one day to raise money! In 2019, we are bringing the community together to break a Guinness World Record to raise awareness of youth homelessness and support vulnerable young people.

We need your help!

We are looking for individuals and groups we can count on (and literally count in) our Guinness World Record attempt.

- What:** 1,500 people performing burpees together for 2 minutes to make history
When: 8.00am for 8.30am start, Saturday 6 April 2019, during Queensland Youth Week
Where: Southern Districts Basketball Centre 56 Zahel St, Carina
Hosted by the Brisbane Bullets and Southern Districts Basketball Association.

How to get involved

- [Register to participate](#). \$10 per person, \$50 for 10, discounts available for large groups.
- Spread the word – like, share, follow.
- #burpeesforbys #endyouthhomelessness #guinnessworldrecord #countmein #registered
- Turn up and be counted on 6 April 2019 to make history.

About Brisbane Youth Service

BYS has been working with homeless and vulnerable young people (aged 12-25 years), and young families, in Brisbane and surrounding areas since 1977. BYS provides support, housing, health services, and specialist programs for young women and young families. Support has a significant positive impact for young people including a 71% reduction in homelessness, 60% fewer young people at risk of suicide, employment up from 5% to 20% and a 71% reduction in the number of young people exposed to serious violence.

There were 4,454 young people homeless in Queensland at the 2016 Census. In 2017-18, 1,355 young people accessed BYS support (up 7% from the previous year), and 1,505 people had casual contact with BYS eg. street outreach (up 27%).

Website – www.brisyouth.org/burpeesforbys

Email – partnerships@brisyouth.org

Call – 36202400

Spread the word to #endyouthhomelessness – like, share, follow.



Take a stand to end youth homelessness
#WorldRecordAttempt

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YOUTH
SERVICE