

27 March 2019

MEDIA RELEASE BRISBANE BULLETS RAISING AWARENESS OF YOUTH HOMELESSNESS

NBL club Brisbane Bullets are supporting Brisbane Youth Service (BYS) in their endeavour to break a Guinness World Record to raise awareness of youth homelessness.

BYS hopes to break the record for 'Most people performing burpees' during their annual event 'Burpees for BYS' on 6 April.

The Bullets have been a corporate supporter of BYS for last few years, taking part in multiple BYS events including 'Daggy Jumper Day'.

The Bullets support has also enabled BYS to hold 'Burpees for BYS' at their training location at the Southern Districts Basketball Centre.

In order to break the world record BYS must have 1,500 people doing Burpees for 2 minutes.

"Doing burpees for 2-minutes is going to be tough, but not as tough as some youth are doing it on the streets. At the Brisbane Bullets we are proud to be involved with BYS and raise awareness for an issue that many of us take for granted on a daily basis" said Matt Hodgson.

"I think it's fantastic the work BYS does in the community. Providing positive pathways for the younger generation to achieve their dreams is something that I am really passionate about. I'm looking forward to everyone coming together and showing their support for BYS. No matter how hard it is, every burpee goes towards positive change within our community" said Cameron Bairstow.

People can get involved by registering at <u>www.brisyouth.org/burpeesforbys</u>. It is a family friendly event and groups are encouraged.

Currently, 4,454 young people aged 12-24 are facing homelessness in Queensland every night (ABS Census, 2016).

The total homelessness rate in Brisbane's Inner City rose 68% between 2011 – 2016 from 1,735 to 2,915 (ABS Census, 2016).

Brisbane Youth Service has been working with homeless and vulnerable young people and young families since 1977. BYS provides housing, physical and mental health services and specialist programs for young women and young families. All services are free of charge.

Interviews available with CEO Annemaree Callander, Burpees for BYS founder Dave The Trainer and Brisbane Bullets players.

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MEDIA CONTACT

For more information, or for an interview or photo/vision opportunity, please contact Georgia Searle, Marketing and Communications Coordinator, Brisbane Youth Service, <u>gsearle@brisyouth.org</u> or 0408 011 644.

EVENT DETAILS

Where: Southern Districts Basketball Centre, 56 Zahel St, Carina. Hosted by Brisbane Bullets and Southern Districts Basketball Association.

When: Saturday 6 April 2019, 8.00am for 8.30am start, during Queensland Youth Week

The Record: The record is <u>currently</u> 1,455 participants set by Dubai Police in the United Arab Emirates

Who will be there: Founder of Burpees for BYS Dave the Trainer and an army of participants and volunteers

How to register: People can register at this <u>link</u>, registration costs \$10 per person or \$50 for a team of 10, discounts are available for large groups

How many Burpees you need to do: 1,500 people performing burpees together for 2 minutes to make history

How you can also help: People can also help by making a donation to BYS or spreading the word about the event by liking, sharing and following their posts with #burpeesforbys #endyouthhomelessness #guinnessworldrecord #countmein #registered #qyw19 #unlimited #QldYouth #YHMD2019