

# BURPEES FOR BYS

with Dave the Trainer

## 6 APRIL 2019

### Burpees for BYS Guinness World Record Goal

On 6 April 2019, Brisbane Youth Service will break the Guinness World Record for the most people doing burpees at one time to raise awareness of youth homelessness in our community. We just need 1,500 people to show their support for ending youth homelessness by doing a few burpees together and the record will be ours!

### Can we count on you?

Burpees for BYS is an annual Brisbane Youth Service campaign, started by Dave the Trainer in 2017. Each year Dave has completed nearly 3000 burpees by himself in one day to raise money! In 2019, we are bringing the community together to break a Guinness World Record to #endyouthhomelessness and support vulnerable young people.

### We need your help!

We are looking for individuals and groups we can count on (and literally count in) our Guinness World Record attempt.

**When:** 8.00am for 8.30am start, Saturday 6 April 2019, during Queensland Youth Week (3 – 14 April 2019)

**Where:** 56 Zahel St, Carina, hosted by the Brisbane Bullets and Southern Districts Basketball Association.

### How to get involved

- Register to participate.
- Get a group together to participate.
- Turn up and be counted on 6 April 2019 to make history.
- Spread the word – like, share, follow.
- #burpeesforbys #endyouthhomelessness #guinnessworldrecord #countmein #registered
- Can't make it? Donate to support the Burpees for BYS challenge.
- Registration \$10 per person or \$50 for 10. All proceeds for young people who are vulnerable and homeless.

### About Brisbane Youth Service

Brisbane Youth Service (BYS) has been working with homeless and vulnerable young people (aged 12-25 years), and young families, in Brisbane and surrounding areas since 1977. BYS provides support, housing, physical and mental health services, and specialist programs for young women and young families. These support service have a significant positive impact for young people including a 71% reduction in homeless, 60% fewer young people at risk of suicide, employment increase from 5% to 20% and a 71% reduction in the number of young people exposed to serious violence.

There were 4,454 young people homeless in Queensland at the 2016 Census. In 2017-18, 1,355 young people accessed BYS support (up 7% from the previous year), and 1,505 people had casual contact with BYS eg. street outreach (up 27%).

[www.brisyouth.org/burpeesforbys](http://www.brisyouth.org/burpeesforbys)

Email - [partnerships@brisyouth.org](mailto:partnerships@brisyouth.org)

Call – 36202400



Spread the word to #endyouthhomelessness – like, share, follow.



Take a stand to end youth homelessness  
#WorldRecordAttempt

BRISBANE  
YOUTH  
SERVICE